

March 2017



**World leading healthcare delivered
in a warm and welcoming environment,
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personal to you



Important changes to national guidelines released

The assessment of a patient presenting with chest discomfort is a common and important problem for clinicians and for patients it is often a time of great anxiety.

Until recently symptoms were classified into anginal, atypical angina, or non anginal chest pain. From this a risk could be calculated and an appropriate recommendation made. However this method was fraught with error, could be inconclusive and lead to investigations that could assess for poor blood flow but not coronary disease ("stress tests") or invasive catheter angiography (a good test for stenosis, but not for coronary disease, and a poor predictor of blood flow).

A fundamental change has now been approved by the National Institute for Health and Care Excellence (NICE) with its recent guidance on the investigation of chest pain (November 2016).

NICE now recommends that patients who are not already known to have coronary artery disease and that are presenting with chest pain should be offered computed tomography coronary

angiography (CTCA) as the first test; specifically in those with typical or atypical anginal chest pain as well as those with non anginal chest pain but an abnormal electrocardiogram.

This is justified by the very high accuracy of CT in rapidly identifying those with significant coronary stenosis, those with significant coronary artery disease and those without disease. This leads to the timely and accurate triaging of patients into those with and without disease, and the initiation of appropriate therapeutic pathways. The study "ScotHeart" (Lancet 2015) demonstrated the benefit of a CT strategy. A recent document from the Royal College of Radiologists and British Society of Cardiovascular Imaging estimates the requirement of healthcare providers to deliver approximately 200 CTCA examinations per 100,000 people per annum which is a huge challenge for the NHS alone.

At St Joseph's Hospital, Newport we have a state-

of-the-art Toshiba Aquilion One CT scanner, ideal for performing high volume and high quality examinations. Our scans are all reported by highly trained and nationally respected cardiac radiologists so you can rely on the quality of both the examination and report. Based on best evidence the CTCA report will guide you into choosing the optimal choice of therapy for your patient.



Physiotherapy

Hand therapy service at the Centre for Clinical Physiotherapy.

Hand therapy is the management of hand injuries and disorders using physical methods such as exercise, wound care and splinting. It also involves the treatment of other arm disorders that affect the function of the hand. Hand therapy is considered critical in the rehabilitation of the hand or wrist after injury or surgery and with acute or chronic hand conditions.

Tom Hughes is our hand therapy lead and has over 15 years of experience as a Physiotherapist, with 12 of these years specifically in hand therapy. Tom is a member of the British Association of Hand Therapists and is currently in the final year of a master's degree in Hand Therapy at Derby University.

At St Joseph's Hospital we offer a variety of hand therapy treatment options including custom-made hand splinting, exercise prescription, and functional rehabilitation. A hand therapist is a key part of the hand surgery team, planning and implementing post-operative care in order to hasten patients' recovery following surgery. Post-operative treatment by a hand therapist is essential for optimal recovery.

A Case Study

Hand therapy can be used in the rehabilitation of complicated hand injuries but it can also benefit many people with relatively minor hand problems that can often significantly affect their normal hobbies or activities.

One such condition is pain in the base of the thumb due to osteoarthritis. Thumb arthritis is thought to affect as many as 15% of people aged 55 or over.

Mr Edwards was seen by his GP having experienced a few years' of aches in his hands. He had noticed the pain had started to affect his grip and he was having some difficulties with his normal hobbies of bowls and DIY. He had an X-ray which showed general wear and tear in his hands caused by osteoarthritis.

He was seen by our hand therapist who undertook a detailed assessment of his hands and identified that the majority of

his symptoms were coming from the base joints of his thumbs.

He was offered a choice of treatments and decided to try exercise and splinting. He was fitted with custom-made plastic splints which provided support to the base of the thumb but did not limit the movements of the wrist or the other joints of the hand. This allowed Mr Edwards to use the splints to improve function and reduce pain with many of his normal activities and hobbies.

He was also provided with comprehensive advice and exercises to reduce stiffness and protect his arthritic joints. He is now able to play bowls with less pain, and he has strategies to manage his symptoms. He has since reported a significant improvement in his quality of life as a result of the hand therapy at St Joseph's Hospital.

For more information about any of our physiotherapy services or to book an appointment, please call **01633 820 321** or email clinicalphysiotherapy@stjosephshospital.co.uk



Private GP services

The Private GP Centre at St Joseph's Hospital was set up in order to provide individuals and their families with quality care in a warm and welcoming environment.

With NHS budgets being cut and the restrictions on the time of GPs becoming even more pronounced, St Joseph's Hospital is able to take up some of the strain with the provision of services that are no longer routinely available on the NHS.

Our private GPs and their team of GP nurses provide a complete and fully integrated health service. No referral is necessary and patients do not need to be registered with us to make an appointment. We offer same or next day appointments, the choice of male or female GPs, and the option of extended appointments.

The Private GP Centre offers:

- Yellow fever clinic
- Travel health clinic including vaccinations
- Smear tests outside of normal NHS recall system

- Strep-b test for pregnant women
 - Ear irrigation
 - Pessary insertion
 - Shingles, chicken pox, HPV, and measles vaccines
 - Specialist blood tests including tuberculosis
 - Allergy testing
 - DNA tests
 - Full wellness medicals
- Plus much more...

For more information, please call **01633 820 311** or email privategp@stjosephshospital.co.uk



60 seconds with...

We sit down with Andy Day, Director of Clinical Services at St Joseph's Hospital.

Tell us a bit about your work background.

I grew up in Cornwall but always wanted a career that attracted travel and excitement. The Army Cadets paved my way into the Regular Army where I spent a year in the Light Infantry before joining the Royal Army Medical Corps. Starting out as a private soldier I earned my stripes culminating at Regimental Sergeant Major. I then commissioned as an officer and followed that path as a Healthcare Manager achieving the rank of Lieutenant Colonel. Highlights include visiting 35 different countries over as many years, deploying on 8 operational tours of duty, being selected to be a Commanding Officer of a Hospital Unit and then humbled to be acknowledged on the 2013 New Year's Honours List. I decided to retire early from the Army in order to pursue a second career path.

You've recently moved to South Wales I understand. How are you settling in?

Having moved a lot over the years I tend to settle quite easily into new areas. I like to explore and get used to the surroundings. Having only previously visited Wales during training events, I want to see more of the culture and picturesque areas of the countryside - when the weather improves!

What first attracted you to St Joseph's?

I was first made aware of the job at St Joseph's when a colleague sent me a message via LinkedIn. I was then approached via the 'head hunter' and we had several discussions before I submitted my application. As they say, the rest is history.

St Joseph's Hospital is already a world-leading private hospital with state-of-the-art facilities. How do you plan to take it to the next level?

I would like to see St Joseph's grow further. We need the external business to ensure our sustained growth prospers and I feel each staff member can help play an active part by spreading the word about our great facilities, new procedures, new consultants, and 5 Star service across their professional and social boundaries. We should also seek to embrace areas of clinical development that continue to offer a further dimension to a bespoke level of care whilst keeping us competitive with our peers.



You're clearly very driven and motivated. Where does your drive come from? What gets you out of bed every day with a spring in your step?

My drive and energy tends to keep me active and sadly awake. I want to be able to help and it's the desire to make a difference that keeps me motivated. Dr Samuel Johnson said 'change is not made without inconvenience, even from worse to better' therefore making change is never easy but often necessary. The alarm clock gets me up although I am often awake long before. Regular exercise keeping a healthy body and mind also helps to focus my attention.

And finally, how do you like to relax outside of work?

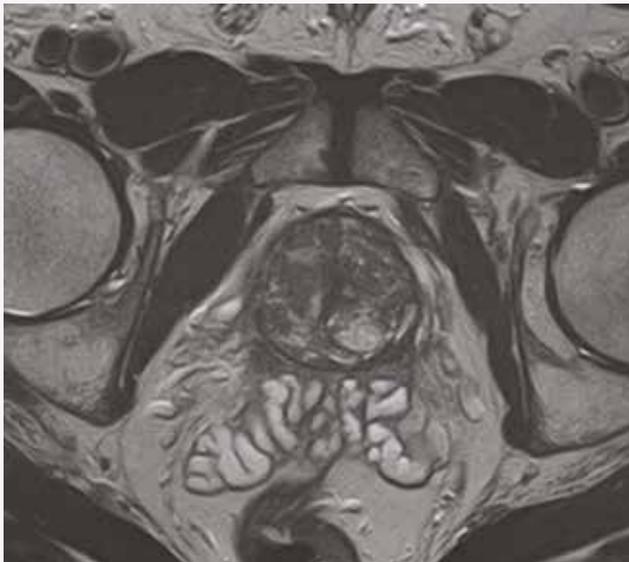
In terms of relaxing for me it is two-fold. I relax more at home in Cornwall with my family and a good social circle of close friends. Walking our dogs along the beautiful Cornish coastline is also very cathartic. During the weekdays and weekends when I remain in Wales I try and chill out like most but immersing myself in a good book or listening to some opera helps me unwind especially as my wife Claire hates the sound so it is my solitary time and escape. I am also a bit of a petrol head and like to conduct research on certain classic cars.

Multi-parametric MRI at St Joseph's

Men with suspected prostate cancer could benefit from less invasive testing according to the results of a recent study.

The PROMIS (Prostate MRI Imaging Study) found that a quarter of men could safely avoid undergoing a biopsy if they had an MRI scan first.

Multi-parametric magnetic resonance imaging (mpMRI) uses magnetic fields to create a detailed picture of the prostate and surrounding tissues. Using the scans also helped provide useful information about the size and location of tumours to enable better targeting of a follow-up biopsy, which meant that in the trial the detection of aggressive cancers was doubled.



T2 high res axial prostate

There are no signs and symptoms in early prostate cancer and currently there is no diagnostic test to diagnose it. A Prostate Specific Antigen (PSA) test identifies men who might have cancer, but further tests, such as a biopsy are required for a diagnosis to be made.

The trial assessed the accuracy of mpMRI scanning in diagnosing significant prostate cancer and how this compared to TRUS (transrectal ultrasound) biopsy. The results have indicated that mpMRI can be used to decide who should then go on to have biopsy, giving a more accurate picture of who needs treating and reducing the need for men to have a biopsy, which can be unpleasant and can be associated with side-effects.

In response to the findings there has been a change of practice when men are referred to the hospital and where appropriate they now undergo triaging with MRI prior to biopsy. Consultant Urologist Professor Raj Persad, who was leading the study said, "This is a major advance that is going hand in hand with all the other technologies we are developing and embracing at St Joseph's Hospital, which is one of the leading centres in the country.

"These findings mean that a group of patients will only have one simple, painless scan and we will be able to better target biopsies in those that still require the procedure to diagnose prostate cancer.

"Here at St Joseph's Hospital we aim to continue to do all we can to improve the experience of patients with suspected prostate cancer and those diagnosed with cancer and are proud to have been part of another landmark study that will make a significant difference to patients."

The Toshiba Vantage Titan 1.5T Helios Gradient MRI scanner at St Joseph's Hospital, Newport is capable of performing mpMRI scans and we have regular appointments available with no waiting list and rapid turnaround of reporting for the requesting clinicians.

For more information, please call **01633 820 301** or email advanceddiagnostics@stjosephshospital.co.uk

"This is a major advance that is going hand in hand with all the other technologies we are developing and embracing at St Joseph's Hospital, which is one of the leading centres in the country."

Professor Raj Persad

Welcome to St Joseph's

We are delighted to welcome to St Joseph's Hospital Mr Samir Rahmani, Consultant Upper GI, Laparoscopic and General Surgeon.



Mr Rahmani is a very experienced General and Upper Gastrointestinal surgeon. His main interests lie in laparoscopic and minimally invasive surgery.

He qualified from Baghdad Medical School in 1999 and then undertook most of his Basic Surgical Training in Leeds Teaching Hospital, Yorkshire. During this time he obtained two degrees from the University of Hull (Diploma in Social Health and MSc in Education & Development) as well as a further degree from the University of Leeds (Medical Doctorate in Surgery). He then moved to South Wales for his Higher Surgical Training. His array of academic degrees, publications, and presentations have bridged the gap between clinical practice and research methodology.

He is a JAG (Joint Advisory Group on GI Endoscopy) accredited endoscopist and therefore competent to a standard commensurate with independent specialist endoscopy practice.

He has also been appointed as a Consultant Upper GI, Laparoscopic and General Surgeon on the Aneurin Bevan Health Board, based at Nevill Hall Hospital, where he is undertaking a wide range of laparoscopic procedures throughout the Health Board.

He prides himself on being honest, hardworking, friendly, and very motivated, always aiming for clinical excellence. His patient and colleague feedback has been outstanding and he is regularly involved in teaching and training doctors and students at various levels.

Mr Rahmani has spent much of his time performing cancer resections of the stomach and oesophagus. He has a special interest in obesity and prevention of related metabolic diseases.

He has published and presented in this field and completed a fellowship in Leeds Nutrition Centre for 2 years. He has gained wide experience in managing

malnourished as well as morbidly obese patients. Having worked in several large centres in the UK has enabled him to gain invaluable surgical experience over the years. He is also interested in managing reflux disease and has had very successful results.

His special clinical interests are:

- Laparoscopic inguinal, umbilical, incisional and epigastric hernia.
- Laparoscopic anti-reflux procedures and Hiatus hernia.
- Laparoscopic cholecystectomy and bile duct exploration.
- Laparoscopic Heller's Cardiomyotomy for Achalasia.
- Apronectomy (abdominoplasty) to remove extra abdominal wall fat.
- Upper and lower GI endoscopy.
- General lumps and bumps under local anaesthetics.

Outside of work he enjoys sport and is a very keen footballer and plays twice a week in Cardiff. When not on the football pitch he loves skiing in France and travelling to Bulgaria with his wife, two daughters, and son.

For further information about this or any of the hospital's services, please call **01633 820 300** or email hello@stjosephshospital.co.uk

Radiofrequency treatment at St Joseph's Hospital

St Joseph's Hospital has recently invested in state-of-the-art equipment that allows us to treat patients with intractable and recurrent pain from the spinal column, originating from the facet and sacroiliac joints.

The sensory nerves of the spinal column will be irritated on axial loading of the spine, rotational movements, extending and bending the spine which can trigger contractions of the paraspinal muscles which can result in severe symptoms of pain, stiffness and further entrapment of the traversing sensory nerves.

In November 2016 NICE recommended radiofrequency treatment to be offered to patients that have had short lived respite of pain after they were given spinal joint injections or blocks to the sensory nerves of these joints.

We are proud to say that we can offer this treatment to our patients at St Joseph's. The technological advances allow precise location of the small sensory nerves innervating the spinal structures which then can be treated with radiofrequency current. The application of radiofrequency current results in controlled levels of energy conveyed to tissues where the radiofrequency probe is positioned. The biological effect of that is the creation of a strong electromagnetic field and the re-channelling of electrical nerve currents. It stimulates the production of anti-inflammatory substances from the interleukin group which augment the electro-magnetic effect. If the energy levels are high, then the temperature of the tissues increases which causes lesion of the targeted irritated peripheral nerve.

Dr Tzvetanka Ivanova-Stoilova introduced radiofrequency treatments at St Joseph's Hospital.

She sees patients with recurrent spinal pain for consideration of the treatment. She has developed a method of treating patients with persisting and debilitating pain from irritated nerves around the knee, shoulder, neck and face. She uses pulsed radiofrequency mode for these specific cases. The treatment takes around 60 to 70 minutes, requires the full co-operation of the patient, and is very well tolerated. The effect of the treatment establishes itself within 4 to 6 weeks and can last for many months and years. According to Dr Ivanova-Stoilova's experience it can be helpful for up to 10 years.

We are able to help patients who were previously left with severe knee pain after joint replacement surgery, or the patient was not offered surgery because they were deemed medically unfit. We are also able to help people with recurrent lower back pain, shoulder pain, headaches and facial pain. Each individual case will be carefully assessed before indications for treatment are confirmed.

We follow our patients' recovery and audit the results of treatment. There are no immediate or late complications and the treatment outcomes show a reduction of pain by 50-100% and a significant improvement in mobility and function in all patients who previously failed all conventional treatments.

For more information about this or any of our other services, please call **01633 820 300** or email hello@stjosephshospital.co.uk

"We are able to help patients who were previously left with severe knee pain after joint replacement surgery, or the patient was not offered surgery because they were deemed medically unfit."

Dr Tzvetanka Ivanova-Stoilova

Cosmetic Surgery

At the heart of St Joseph's vision lies the credibility and skill of its Consultants and specialist nursing teams.

Our Cosmetic Surgery Centre of Excellence delivers unrivalled levels of care in a warm, welcoming, and supportive 5 Star environment. We boast a team of leading Consultant Cosmetic Surgeons who are dedicated to ensuring that every patient receives the very best treatment and advice, resulting in the most effective outcome.

Our face treatments include blepharoplasty, pinnoplasty, facelift, rhinoplasty, and scar revision.

Our body treatments include abdominoplasty, breast surgery, liposuction, and male chest reduction.

The Cosmetic Surgery Centre of Excellence team is led by Mr Anthony MacQuillan whose particular areas of interest are facial rejuvenation, rhinoplasty,

and breast and body reshaping. He offers a wealth of experience within these areas and always gives an honest opinion on what he thinks is possible.

Many patient testimonials recognise Mr MacQuillan's approach of listening carefully and giving his patients the time they need to express their wishes and desires. They will also tell you that they get a complete description of what can be done, how it is to be done and what the potential problems associated with that procedure are.

He offers fully tailored personal care with meticulous follow up extending to 5 years.

For more information, please call **01633 820 300** or email hello@stjosephshospital.co.uk





Patient Support Services

The Patient Support Service at St Joseph's continually strives to find new ways to make our patients' experience more comfortable.

By working together with our patients by providing information and offering choices at every step of the decision making process it will result in a more successful outcome and a more satisfied patient.

We have designed various Patient Education Guides for those undergoing surgery at St Joseph's. Patients will be provided with their guide after their initial appointment with their Consultant confirming their surgery.

The aim is to walk the patient through the journey that lies ahead of them in an informative and relaxed way. It explains:

- What their surgery entails
- How they can prepare themselves for their surgery
- What they need to bring into hospital
- Information about pre admission and what to expect
- What is likely to happen on the day of their admission
- What to expect during their visit to the anaesthetic room, theatre and on to recovery
- What will happen each day as they convalesce and plan for their return home

- Pre and post-operative exercises
- What will happen on discharge and what arrangements need to be put in place for their ongoing care at home, where required

By receiving this guide at the start of their journey the patient has the opportunity to read the whole story of what is going to happen to them, so much anxiety can be alleviated this way.

Jane Evans, the Patient Support Sister (pictured), will contact every patient preoperatively and any questions prompted by the guide can be answered, giving patients a fuller understanding allowing them to be a more active partner in their care rather than a passive recipient.

The guides contain sections where patients can make note of their own questions, for example when visiting pre admission or when they see their Consultant / Anaesthetist preoperatively. Also doctors, nurses, or physios can add information specifically pertaining to them.

For more information, please call Patient Support Sister Jane Evans on **01633 820 269** or email janeevans@stjosephshospital.co.uk

Monthly CPD events

Our monthly CPD sessions are a great way to learn from, and get valuable time with, our Consultants, whilst viewing the facilities on offer at St Joseph's, and networking with colleagues.

To book your place please call Deb Griffiths on **01633 820 390** or email gp@stjosephshospital.co.uk

Thursday 13th April St Joseph's Hospital		6.45pm to 7.15pm Drinks reception and buffet	7.15pm to 7.55pm How to read an ECG: and interactive workshop with self-assessment Dr Philip Campbell	8pm to 8.40pm Insomnia assessment and management best practice Dr Jose Thomas
Thursday 11th May St Joseph's Hospital		6.45pm to 7.15pm Drinks reception and buffet	7.15pm to 7.55pm Menstrual disorder and pelvic pain Mrs Rohini Gonsalves	8pm to 8.40pm Dizziness, tinnitus, and balance disorders Mrs Julia Addams-Williams
Thursday 8th June North Cardiff Medical Centre	General surgery workshop	6.45pm to 7.15pm Drinks reception and buffet	7.15pm to 7.55pm How to do a PR examination with a focus on lower gastrointestinal bleeding Mr Keshav Swarnkar	8pm to 8.40pm How to palpate the abdomen with a focus on gall bladder disease Professor Ashraf Rasheed
Thursday 15th June Monmouthshire Rugby Club	Low back pain workshop	6.45pm to 7.15pm Drinks reception and buffet	7.15pm to 7.55pm Low back pain examination and diagnosis Mr Ash Khurana	8pm to 8.40pm Low back pain management best practice Mr Abraham Manoj-Thomas

In addition to conducting monthly CPD sessions, our Consultants would be delighted to visit your practice to talk about conditions that are of interest to your team. We also invite GPs and other healthcare referrers to visit the hospital to view the facilities and meet the team.

Please email gp@stjosephshospital.co.uk to arrange.

How to refer to St Joseph's

To refer private patients please:

- use the **new** online referral system on the GP area of the stjosephshospital.co.uk website
- telephone our bookings team on **01633 820 344**. Please follow up with a referral letter within 24 hours
- fax **01633 820 294**
- email opappointments@stjosephshospital.co.uk
- post referral letter, either to a named Consultant or to the specialty, to: St Joseph's Hospital, Harding Avenue, Malpas, Newport, NP20 6ZE

Advanced Diagnostics

QCT bone mineral density testing at St Joseph's.

Our Centre for Advanced Diagnostics is able to offer its patients an innovative scanning technique with the Aquilion One CT scanner to assess patients' Bone Mineral Density (BMD). The Aquilion One CT scanner is the most advanced CT scanner available in the UK today.

Quantitative Computerised Tomography (QCT) is a fast, non-invasive BMD scan of the lumbar spine and hips, which utilises low dose scan protocols on a standard CT scanner. QCT takes 2 minutes to perform scans of both the spine and hips whereas DXA scans can take up to 15 minutes for each area.

QCT has several advantages over DXA for the measurement of BMD in patients with degenerative disease and arthritis.

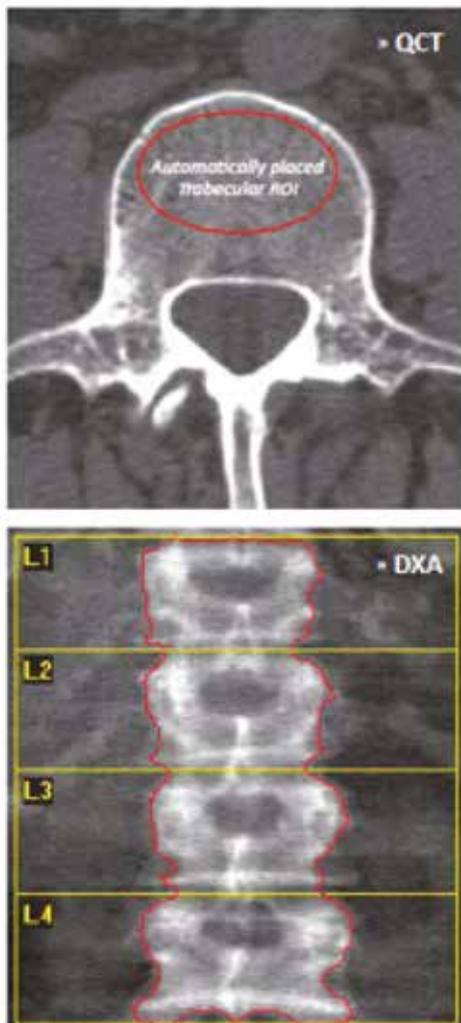


Fig.1

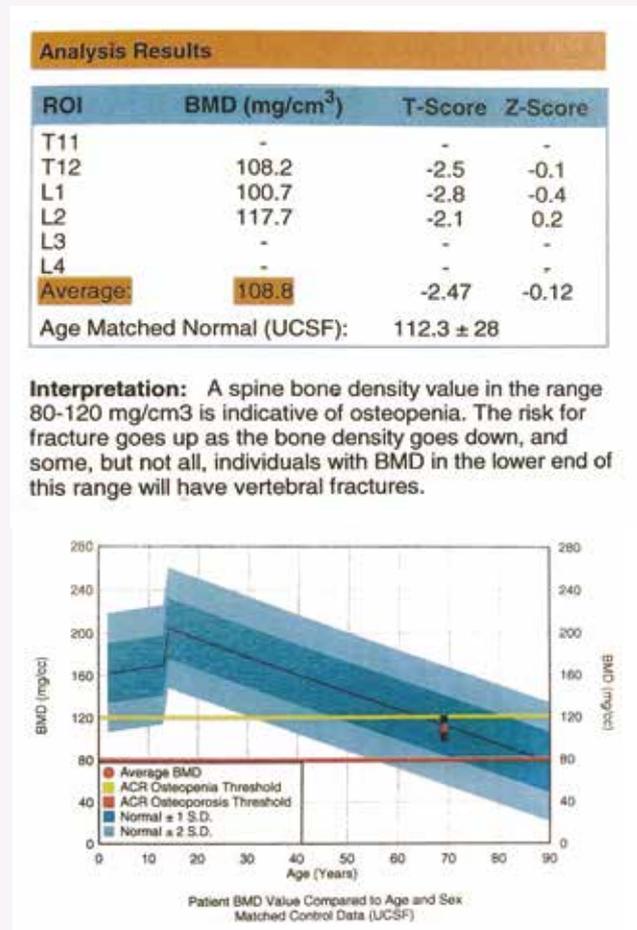


Fig. 2

QCT is one of three methods, including DXA, cited by the Osteoporosis Foundations as safe and effective for the evaluation of BMD. QCT is also likely to detect low bone mass in the spine earlier than DXA because QCT measures the trabecular bone separately from the denser cortical bone.

This means QCT does not overestimate the BMD scores as DXA does. Fig 1 demonstrates how QCT can measure only the important trabecular bone when compared to DXA measuring all of the bone (Trabecular and Cortical Bone).

Figs 2, 3, and 4 depict the comprehensive results that clinicians are provided with:

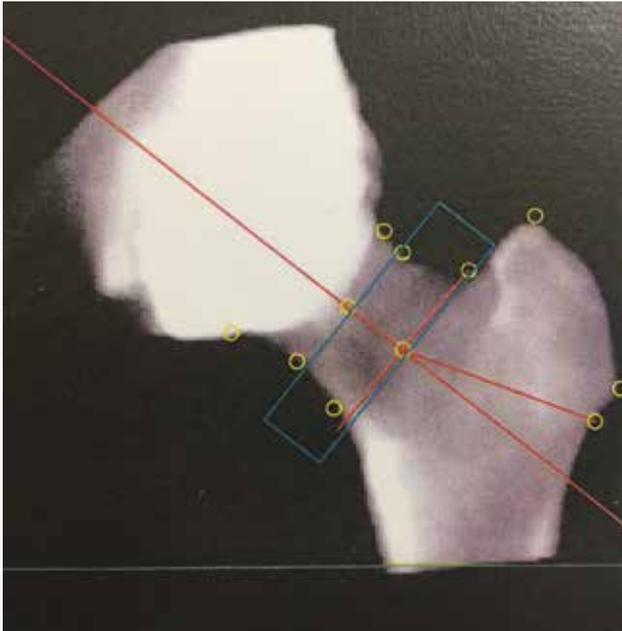


Fig. 3

Artificially high BMD measurements that can affect DXA due to obesity, disc space narrowing or spinal degenerative diseases, aortic calcification and osteophytes in patients with arthritis can be avoided. QCT spine BMD measurements can also be made for patients with scoliosis.

The Toshiba Aquilion One CT scanner at St Joseph's is capable of performing QCT scans and we have regular appointments available at the hospital with no waiting list and rapid turnaround of reporting for the requesting clinicians.

To find out more, please call **01633 820 301** or email advanceddiagnostics@stjosephshospital.co.uk

CTXA™ Hip Bone Mineral Densitometry

Analysis Results

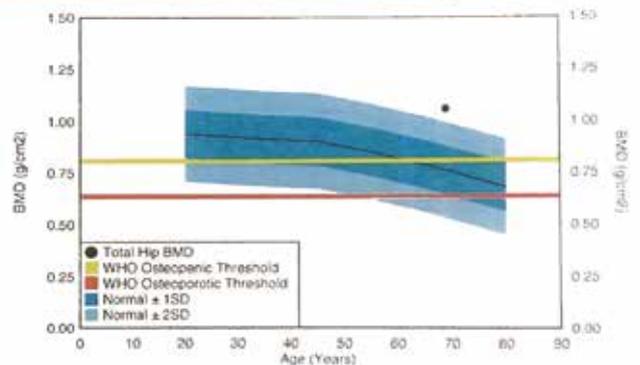
Hip Analyzed: Left			
ROI	BMD (g/cm ²)	T-Score	Z-Score
Total Hip	1.057	1.16	2.31
Femoral Neck	0.854	0.53	2.19
Trochanter	0.882	1.78	2.64
Intertrochanter	1.256	1.16	2.10

Reference Data: CXTA

Interpretation: A T-score for the Total Hip region of interest greater than -1 is defined as normal hip bone density by World Health Organization (WHO) guidelines.

The WHO classification criteria for T-scores

T-score	Classification
greater than -1.0	Normal
between -1.0 and -2.5	Osteopenia
below -2.5	Osteoporosis
below -2.5 with fracture	Severe Osteoporosis



Patient BMD Value Compared to Age-Matched CXTA Total Hip Reference Data

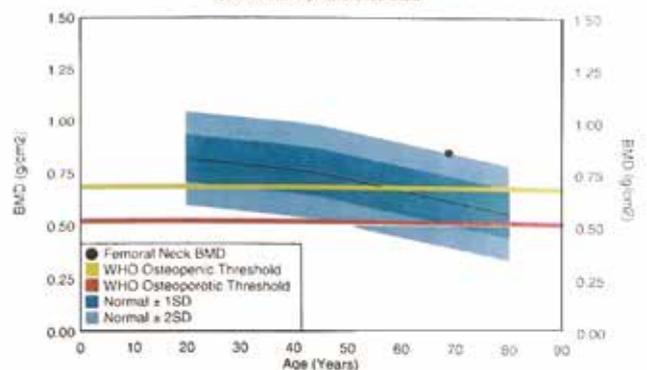


Fig. 4



Consultant guide

Audiology

Richard Gale
Rhys Barber

BreastCare

Mr Christopher Gateley
Mr Kelvin Gomez
Miss Valentina Lefemine

Cardiology

Dr Stephen Hutchison
Dr Philip Campbell
Dr Nigel Brown
Dr Andrew Williams
Dr James Cullen
Dr Shawmendra Bundhoo
Dr Christoph Mädler

Clinical Neurophysiology

Dr Benny Thomas

Cosmetic Surgery

Mr Anthony MacQuillan

Counselling

Kerry Williams

Dermatology

Dr Caroline Mills
Dr Richard Goodwin
Dr Natalie Stone
Dr Nabil Ponnambath

Diabetes & Endocrinology

Dr Kofi Obuobie
Professor Peter Evans

ENT

Mr Ali Raza
Mr Patrick Cuddihy
Mr Duncan Ingrams
Mr Mark Preece
Mr Carl Passant
Mrs Julia Addams-Williams

Gastroenterology (including weight loss)

Dr Vivek Goel
Dr Nimal Balaratnam
Professor Nadim Haboubi
Dr Peter Neville
Dr Marek Czajkowski

General Surgery

Mr Brian Stephenson
Professor Ashraf Rasheed
Mr Keshav Swarnkar
Mr Michael Nutt
Mr Christopher Gateley
Mr Gethin Williams
Mr Ahmed Shandall
Mr E. Steve Mckain
Mr Krishnamurthy Somasekar
Mr Vincent Chamary
Mr Rhodri Codd
Mr Samir Rahmani

Gynaecology

Mrs Rohini Gonsalves
Mrs Leena Gokhale
Mr Gareth Edwards
Mrs Makiya Ashraf
Mr Amin Abdelmagied
Mrs Sajitha Parveen

Haematology

Dr Husni Habboush

Neurology

Dr Kenneth Dawson
Dr Fady Joseph
Dr Gareth Llewelyn
Dr Mike O'Sullivan

Occupational Health

Dr Jonathan Hancock

Ophthalmology

Mr Chris Blyth
Mr Andrew Feyi-Waboso
Mrs Rita Sengupta
Mr Desmond O'Duffy
Mr Michael Andrew Roberts
Miss Tina Duke

Oral & Maxillofacial

Mr Richard Parkin
Mr Simon Jones

Orthopaedic Medicine

Dr Simon Hannaford-Youngs

Orthopaedic Surgery

Ankle

Mr Kartik Hariharan
Mr Yogesh Nathdwarawala
Mr Sujit Kadambande

Elbow / Arm

Mr Ro Kulkarni
Mr Andrew Rogers
Mr Robert Savage
Mr Hemang Mehta
Mr Michael Thomas



Foot

Mr Kartik Hariharan
Mr Yogesh Nathdwarawala
Mr Sujit Kadambande

Hand / Wrist

Mr Andrew Rogers
Mr Robert Savage
Mr Russell Walker
Mr Vasudev Shanbhag

Hip

Mr Phillip Alderman
Mr Aled Evans
Mr Mark Lewis
Mr Gordon Gillespie
Mr Paul Roberts
Mr David Baker
Mr Russell Walker
Mr John Lloyd
Mr Daniel Parfitt

Knee

Mr Phillip Alderman
Mr Aled Evans
Mr Mark Lewis
Mr Gordon Gillespie
Mr Huw Pullen
Mr David Baker
Mr Russell Walker
Mr John Lloyd
Mr Daniel Parfitt

Shoulder

Mr Ro Kulkarni
Mr Huw Pullen
Mr Hemang Mehta
Mr Paul Roberts
Mr Michael Thomas

Spine

Mr Abraham Manoj Thomas
Mr James Cordell-Smith
Mr Ash Khurana

Orthotics

Douglas Young

Osteopathy

Andrew Lewis

Pain Management

Dr Tzvetanka Ivanova-Stoilova
Dr Sonia Wartan

Palliative Care

Dr Deborah Jenkins

Podiatry

Richard Green

Psychiatry

Dr Dilum Jayawickrama
Dr Divya Sakhuja

Respiratory Medicine

Dr Patrick Flood-Page
Dr Sara Fairbairn
Dr Jose Thomas
Dr Andreea Ionescu
Dr Melissa Hack

Rheumatology

Dr Stuart Linton
Dr Syed Ayas
Dr Robert Callaghan

Sports & Exercise Medicine

Dr Geoff Davies

Stroke Clinic

Dr Yaqoob Bhat

Urology

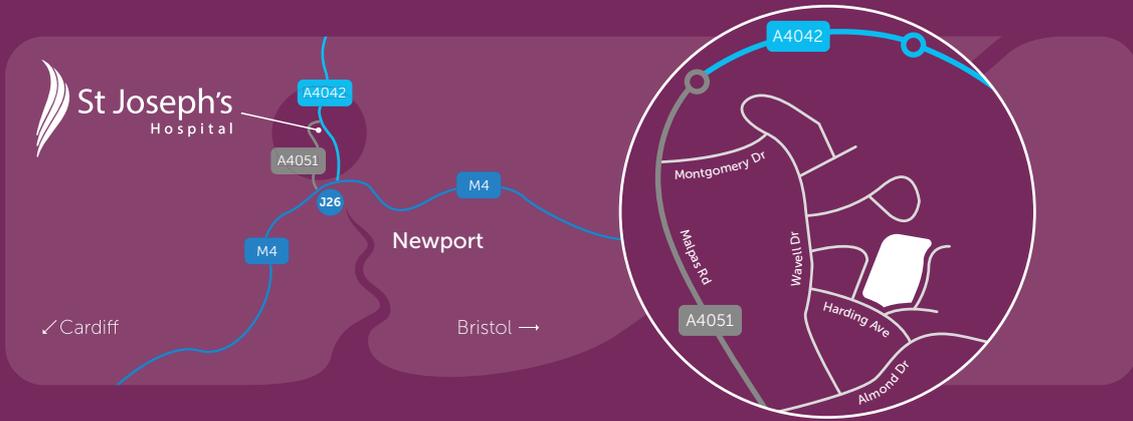
Mr Christopher Bates
Prof Raj Persad
Mr Mark Wright

Vascular Surgery

Mr Ahmed Shandall

We're ready to welcome your patients

If you want to find out more about how St Joseph's Hospital can help your patients with the next step in their care please get in touch using the contact details below.



Our Centres of Excellence



Advanced Diagnostics



BreastCare



Cardiology



Clinical Physiotherapy



Corporate Wellness



Cosmetic Surgery



Health Assessments



Ophthalmology



Orthopaedic Surgery



Private GP



Skin Clinic



UrgentCare

We look forward to welcoming you to St Joseph's.



Harding Avenue, Malpas, Newport, NP20 6ZE
01633 820 300 hello@stjosephshospital.co.uk

stjosephshospital.co.uk